

The health and well-being of our patients and staff are of utmost importance to us and these are precautionary measures in place at Fullerton Health Clinics:

- Check patients' temperature, symptoms and travel history before or at the point of registration
- Clinics are meticulously disinfected and sanitised frequently
- Restrict the number of patients in the clinic
- Seating arrangements that support safe-distancing are implemented
- Designated "isolation" areas within our clinics for patients who:
 - Have flu symptoms, and if in the two weeks,
 - Have travelled abroad OR been to hospital in Singapore/abroad OR in close contact with a COVID-19 patient
- Other patients with flu symptoms and fever will be issued surgical masks to don
- All isolated patients will be seen as first priority and will be attended by our staff in full personal protective equipment (PPE), to ensure speedy review
- Patients required to be sent to relevant institutions such as NCID for swab testing will be:
 - Conveyed by ambulances, or
 - Asked to make their own way to the hospital in accordance to MOH instructions
- Wipe down of high touch areas in the clinic with clinical grade disinfectant after the patient leaves the clinic for the follow up swab
- Clinic will be updated of any positive cases and a full clinic disinfection will take place
- Clinic will then work closely with MOH for list of at-risk patients for contact tracing list



- Monitor your health and check temperature at least twice daily
- Watch out for flu symptoms such as cough, sore throat, runny or blocked nose



- If you are unwell or display any flu symptoms:
 - Please visit your nearest GP clinic or familiar clinic that have your record
 - Call the clinic in advance and inform the clinic of your symptoms and travel history
 - Wear a mask when you head out to the clinic
 - It is advisable to be reviewed by a physical clinic for the first visit, as proper assessment and examination need to be done to ascertain risk
 - Subsequent follow-up reviews can either be by live consult or via telemedicine
- When you are at the clinic:
 - Be truthful in any form of declaration as required at clinic
 - Follow clinic's workflow and isolation procedures
- If you are given medication and medical certificate (MC), please rest well at home
- If you need review during the MC duration,
 - You are encouraged to give clinic a call, in advance, or
 - Utilise telemedicine if available
- Do not clinic-hop and go back to the same clinic

Be socially responsible.
Stay home and if you need to
head out, wear a mask.

